



King County Fall Prevention Coalition



Call # 211 for General Info

### North Hospital

Northwest Hospital  
Swedish-Ballard  
UWMC

### Central Hospital

Swedish- Cherry Hill/First Hill  
Virginia Mason Hospital  
Harborview Hospital

### Sound Generations

Pathways Assistance Line  
206-448-3110

## Downtown and North King County Fall Prevention Resource List

### Home Health Agencies

**Name:** Kline Galland Home Health

**Areas Served:** King County

**Phone:** (206)-805-1930

[www.klinegalland.org](http://www.klinegalland.org)

**Name:** Evergreen Home Health

**Areas Served:** King/Snohomish County

**Phone:** (425)-899-3300

[www.evergreenhealth.com/](http://www.evergreenhealth.com/)

**Name:** Assured Home Health

**Areas Served:** King/Snohomish County

**Phone:** (206)-364-1484

<https://lhcgroupp.com/locations/assured-home-health-of-seatle/>

**Name:** Right at Home

**Areas Served:** King/Snohomish County

**Phone:** (425)-369-4044

<https://www.rightathome.net>

### Vision Resources and Durable Medical Equipment

#### Vision Matters

13510 NE 188th Place  
Woodinville, WA 98072  
(888)281-1492

<http://www.visionmatters.net/>

#### Sight Connection

929 N 130th St, Suite 3  
Seattle, WA 98133  
(206) 525-5556

<http://www.sightconnection.org>

#### Bridge Ministries - Used and Refurbished Medical Equipment for a Donation

12356 Northup Way  
Bellevue, WA 98005  
425-885-1008

<https://www.soundhealthmedical.com/index.htm>

#### MS Donor Closet- Tacoma

3635 S. Lawrence Street, Suite E.  
Tacoma, WA 98409  
(253)-327-1033

<http://www.mshh-donorcloset.com/>

### Home Safety Modifications

**Bath +** (DME Installation and Modifications)

**Areas Served:** King County

866-451-2842

<https://bellevuehealthcare.com/services/installation-home-modification/>

**Rebuilding Together** (Low income homeowners)

**Areas Served:** King County

(206) 682-1231

<http://www.rtseattle.org/>

#### Sound Generations Home Maintenance

**Areas Served:** King County

206-448-3110

<https://soundgenerations.org/get-help/home-maintenance/>

#### King County EMS One Step Ahead

**Areas Served:** All King County except City of Seattle

(206) 263-8544

[www.kingcounty.gov/depts/health/emergency-medical-services/community/fall-prevention.aspx](http://www.kingcounty.gov/depts/health/emergency-medical-services/community/fall-prevention.aspx)

## Outpatient Physical Therapy Clinics

### Fall Prevention Clinic at Harborview

325 9<sup>th</sup> Avenue, Third Floor  
Seattle, WA, 98104  
(206) 520-5000

<https://www.uwmedicine.org/locations/fall-prevention-harborview>

### Salmon Bay Physical Therapy

6500 6th Ave NW  
Seattle, WA 98117  
(206)-448-3110

<https://soundgenerations.org/get-help/home-maintenance/>

### Cascade Dizziness and Balance Clinic

120 Lakeside Ave #210  
Seattle, WA 98122  
(206) 925-3762

<http://cascade-dizziness.com/>

### Magnolia Physical Therapy

2560 32nd Ave W  
Seattle, WA 98199  
(206) 660-1218

<http://magnoliapt.com/>

## Senior Centers and Exercise Classes

Look for These Evidence Based Fall Prevention Classes at your Local Center



- ✓ A Matter of Balance
- ✓ S.A.I.L
- ✓ EnhanceFitness
- ✓ Otago Fall Prevention Program
- ✓ Tai Ji Quan

### Ballard NW Senior Activity Center

5429 32<sup>nd</sup> Ave NW  
Seattle, WA 98107  
(206) 297-0403

<https://ballardseniorcenter.org/>

### Central Area Senior Center

500 30th Ave. S  
Seattle, WA 98144  
(206) 726-4926

<https://centralareascenter.org>

### Greenwood Senior Center

525 N 85th St.  
Seattle, WA 98103  
(206) 297-0875

<http://www.phinneycenter.org/gsc/>

### Wallingford Community Senior Center

4649 Sunnyside Ave. N  
Seattle, WA 98103  
(206) 461-7825

<https://wallingfordseniors.org>

### Phinney Neighborhood Association

6532 Phinney Ave N  
Seattle, WA 98103  
(206) 783-2244

<https://www.phinneycenter.org/seniors/>

### Pike Market Senior Center

85 Pike St #200  
Seattle, WA 98101  
(206) 728-2773

<http://www.pikemarketseniorcenter.org>

### Senior Center of West Seattle

4217 SW Oregon  
Seattle, WA 98116  
(206) 932-4044

<https://sc-ws.org/>

### South Park Senior Center

8201 10th Ave. S  
Seattle, WA 98108  
(206) 767-2544

<http://www.spseniors.org>

### Southeast Seattle Senior Center

4655 S Holly St.  
Seattle, WA 98118  
(206) 722-0317

<http://www.sessc.org/>

